



Arun Sunshine Group

For Adults With A Learning Difficulty



Hi folks welcome back to the Arun Sunshine Group 2024.

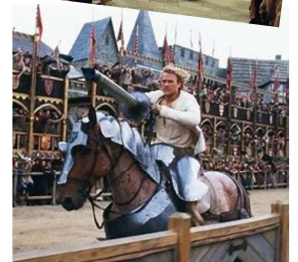
Unfortunately, we have had to make some changes to the calendar so far this year due to Kim being unwell. I can confirm that she will be back with us after Easter although just a bit slower.



With this in mind we have had to make changes to the activities undertaken, so that we have had 3 movie afternoons.

We've laughed our way through Pirates of the Caribbean, watched knights in armour jousting, and still have the third choice to come.

Don't forget, we want you the members to let us know which films you wish to see.

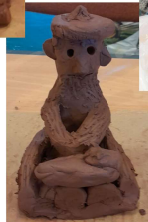


Testing the gifted games

We were very kindly gifted some games and spent an afternoon testing them out with members.

They provided us with some pre bingo fun, as well as some brilliant colouring from you, which went to Kim on her sickbed.

We also discovered some budding artists and that lead to another new activity.....



Handcrafting with air dried clay

A big thank you to Dot for introducing us all to ceramic pottery, which is currently being dried. Dot plans to rejoin us (date to be agreed after Easter) with further adventures in modelling clay.

More sticky fingers folks!

The budding artists take on a challenge.

Seeing the great drawings that were made on the games testing afternoon, we wondered just how many budding artists we had. So, still life drawing. Two setups, large and small paper andartists, take your places.

We also needed bunting, and some decorative touches for the pre Easter meeting, so bunnies, eggs, lambs, flowers, cards and quizzes and colouring.



Easter Draws Closer.

So this year we have had to think outside the box to manage the weeks we would be unable to meet in the Girl Guiding Hall.

It has been decided that we shall not meet after the meeting on the 17th March until the meeting on the 21st April. Do mark this date on your calendars, because we are looking forward to getting together again on this date.



Arun Sunshine Group Website & Email

Thomas (Trustee) has been working on behalf of us all in identifying a designer for our new website, both in look and content, and we should have more details soon to share with our members / carers / volunteers and supporters, so please listen out for the changes.

He is also setting up new email addresses for us, which should provide better value.

Fundraising 2024 Plans

With Kim being ill for the 1st quarter of 2024, our fundraising efforts have been reduced. However, once she is back fully on her feet we will become more active. We have plans.....

Carers Meetings

We find having these meetings help us run the club, so please add following dates to your calendars as your attendance as a carer helps us ensure we undertake things that YOU feel are beneficial.

9th May - 6pm and 15th Aug - 6pm at 8 Middle Mead, Littlehampton, BN17 6QH

CALENDAR TO END MAY 2024

PROJECT LEADER: KIM GRAYSMARK		EMAIL: kim@arunsunshine.org.uk
CHAIR: MR. GARY MCHARDY.		PLEASE EMAIL IF UNABLE TO ATTEND
REG OFFICE, 2 BEECHLANDS COTTAGES, BEECHLAND CLOSE, EAST PRESTON, WEST SUSSEX, BN16 1JT		
2024	ACTIVITY	
17 TH MAR	EASTER CARDS, PICTURE QUIZ, WORD SEARCH,BINGO	
21 TH APR	CRAFTS WITH SAM & JANICE	
5 TH MAY	GAMES, WITH ADAM AND TABLETS ETC, PUZZLES, SPORTS BRACELETS ETC BINGO	
19 TH MAY	FILM IN HALL BINGO	
2 ND JUNE	SPORTS DAY	
16 TH JUNE	70S GAMES AND THE DONATED DOLLS HOUSE AND THE PLANS FOR IT	
30 TH JUNE	OUT OF BOUNDS - ADVENTURE GOLF £9.50PP	
14 TH JULY	FILM AT WINDMILL WITH ICE CREAMS ON BEACH	
28 TH JULY	DAY TRIP TO AMBERLEY 10 - 5PM	